

Yields of Oil for Various Oilseed Crops

Crop	kg oil/ha	US gal/acre
corn (maize)	145	18
cashew nut	148	19
oats	183	23
lupine	195	25
kenaf	230	29
calendula	256	33
cotton	273	35
hemp	305	39
soybean	375	48
coffee	386	49
linseed (flax)	402	51
hazelnuts	405	51
euphorbia	440	56
pumpkin seed	449	57
coriander	450	57
mustard seed	481	61
camelina	490	62
sesame	585	74
safflower	655	83
rice	696	88
tung oil tree	790	100
sunflowers	800	102
cocoa (cacao)	863	110
peanuts	890	113
opium poppy	978	124
rapeseed (Canola)	1,000	127
olives	1,019	129
castor beans	1,188	151
pecan nuts	1,505	191
jojoba	1,528	194
jatropha	1,590	202
macadamia nuts	1,887	240
Brazil nuts	2,010	255
avocado	2,217	282
coconut	2,260	287
oil palm	5,000	635
Chinese tallow	5,500	699
Algae (actual yield)*	6,894	819
Algae (theoretical yield)**	39,916	5,000